

# Flashdance

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** GoWildWest Isabel (CH) - March 2025

**Music:** Flashdance...What a Feeling - Irene Cara



**Intro: long and slow intro with 9x8 counts... when the rhythm is starting (time 0:45) wait for 2x8 counts**

**Part 1: chasse R, back rock, chasse L, back rock**

1+2 RF step right, LF close, RF step right  
3, 4 LF back rock RF, weight on RF  
5+6 LF step left, RF close, LF step left  
7, 8 RF back rock, weight on LF

**Part 2: RF side step R, shuffle forward, LF side step L, shuffle back**

1, 2 RF step right, LF close  
3+4 RF step forward, LF close, RF step forward  
5, 6 LF step left, RF close  
7+8 LF step back, RF close, LF step back

**Part 3 : 2x side touch, vine R**

1, 2 RF step right, LF touch  
3, 4 LF step left, RF touch  
5, 6 RF step right, LF cross behind  
7, 8 RF step right, LF touch

**Part 4: vine L, ¼ turn, scuff, out, in**

1, 2 LF step left, RF cross behind  
3, 4 LF step with 1/4 turn left, RF scuff  
5, 6 RF step right side out, LF step left side out  
7, 8 RF step in, LF step in

**Have so much Fun 😊**

**Last Update: 1 Apr 2025**

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